

Thinking About a Change in Your Riding? WARHorses has penned a few questions for new and returning riders and horse owners contemplating change. If you are considering change, ask yourself the following questions. Be honest with yourself. Try not to overthink your answers. Jot your answers on a piece of paper. When you're finished put your answers aside, after a few days have passed, retrieve your answers and review them. You may see a pattern that can give you the confidence to make a change. Or not.

Good luck,
WARHorses!

Is it easy to **SCHEDULE TIME** with the coach or trainer? Will the trainer **permit me** to observe while he/she is working with my horse? May I ride my horse while it is in training?

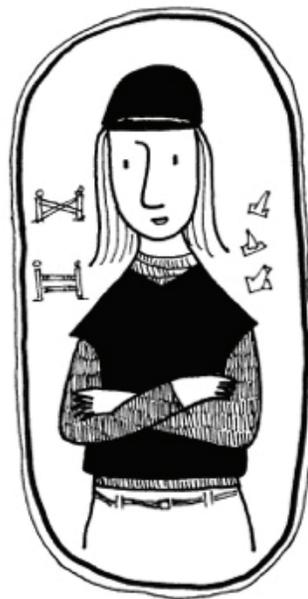
Does the trainer or coach ask me about **my goals**, listen to what I have to say, and address **any questions** or concerns?

Am I **happy** with the condition of the facility? Is the arena in good repair and is there regular maintenance?

Do I feel **pressured** to do something I am not ready for or not interested in?

Am I **engaged**, **BORED**, or **scared** by the lessons?

Have I been taught how to stay **safe**?



Is **preference** given to riders **who show** over riders who don't want to show?

Do I feel **encouraged** and **supported** regardless of my experience level?

As a **NEW RIDER**, am I learning **horse care** as well as **riding skills**? Do I care one way or the other?

Are tack and **GROOMING** supplies used for school horses **clean** and in **good** repair?

Do I feel **pressured** to do something I am **not ready** for or **not interested** in?

As a **NEW RIDER**, am I given time before the lesson to prepare the horse? Have I been **shown how** to properly groom and tack?

Am I comfortable with the **BARN CULTURE**? Are there other riders **my age**? Is there too much or too little interaction? Do I like relative peace and quiet, or do I prefer a lot of activity?

Are there other riders in **my discipline**? Does it matter or do I want to be with others who have **similar interests**?

Do I have control over my and/or **my horse's learning**? If not, why not? What would I change, if anything?

Do I have to **compete** for time in the arena?

If I want to learn a **new style** of riding or train my horse in a method not taught at the barn, may I bring in someone to work with me?